



**Speaker 1:** Sartre expanded on Kierkegaard's ideas, but Sartre was an atheist and denied there is a spiritual dimension to our existence. His ideas explain that what people make of their situations ultimately determines who we are. For example, when faced with the challenge, do you look at it with dread and anxiety? Do you complain and promote self-pity or do you look at challenges as an opportunity for learning and growth and character development?

**[00:00:32] [END OF AUDIO]**